

REGISTRATION

Please fill in this reply form and return it today.
Each participant will be able to attend one Morning Workshop and one Afternoon Workshop.

Please select the workshops you would like to attend.

MORNING WORKSHOP:

Choice #1: _____

Choice #2: _____

Choice #3: _____

AFTERNOON WORKSHOP:

Choice #1: _____

Choice #2: _____

Choice #3: _____

Register early to ensure your 1st choice!

Check here for vegetarian lunch option.

FOOD ALLERGIES: _____

NAME: _____

SCHOOL: _____

EMAIL: _____

Confirm

Your

Attendance

Please complete registration
and fax to SCETF Office
at (705) 739-1269.
Send your \$10 registration fee
to the SCETF Office
via the courier.
Door Prizes!



Deadline
for registration
is April 2nd.

RETREAT



ROOTS OF EQUITY

SATURDAY, APRIL 17, 2010
TIFFIN OUTDOOR EDUCATION CENTRE

8195 - 8th Line, Utopia, L0M 1T0

The S.C.E.T.F. Equity Committee

presents

ROOTS OF EQUITY & SOCIAL JUSTICE RETREAT

SATURDAY, APRIL 17, 2010

TIFFIN OUTDOOR EDUCATION CENTRE

9:00-9:15 a.m. - Registration & Coffee

9:15-10:30 a.m. - Welcome
& Drumming Circle

10:30-10:45 a.m. - Break

10:45-12:00 p.m. - Morning Workshop

12:00-1:15 p.m. - Lunch

1:15-2:30 p.m. - Afternoon Workshop

2:30-2:45 p.m. - Closing

DRUMMING CIRCLE - Elizabeth Levine, BSW (Ryerson University), is a Social Worker, Certified Soundwork Practitioner, Reiki Master and Drum Facilitator. Her diverse experience as a social worker, actor and musician culminated in her profession as a sound healer. Elizabeth was the inspiration for and co-writer of the Colours of Sound CD. She has co-created the Healing with Sound workshops for the promotion of well-being and creativity. She is an improvisational musician and enjoys playing percussion and providing back-up vocals in the folk/celtic band The Purveyors. She will open the SCETF Roots of Equity Retreat with an interactive drumming circle.

MORNING WORKSHOP

Session A

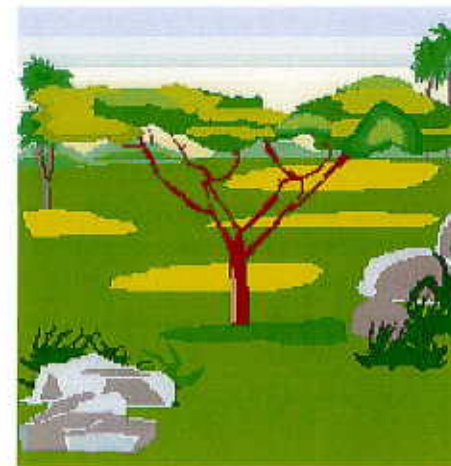
Yoga in the Park. Susan Mayers, Teacher with SCDSB and Yoga Ed Instructor. Come join Susan Mayers, a Ferndale Woods teacher and "Yoga Ed." Instructor, for a self-nurturing, yogic session of stretches and breath work. Learn how to de-stress and become more self-aware in order to help yourself and your students. No experience required, please bring a yoga mat or large bath towel. A hand-out will be provided to assist teachers in implementing the revised Ontario Health and Physical Education Curriculum, 2010.

Session B

We're Erasing Prejudice for Good. This workshop uses the ETFO anti-bias curriculum resources, *We're Erasing Prejudice for Good and Respecting Cultures and Honouring Differences*. The goal is to provide educators and students with a viable method of acquiring skills and knowledge to successfully navigate in a diverse world.

Session C

Reflections of Me: Body Image and Self-Esteem is a preventative educational program that teaches critical thinking and helps children engage in healthy and productive choices in their lives. The resource is integrated into the regular program and teaches students to accept diverse bodies, to promote body acceptance, resistance to harassment associated with body image and to question social adherence to body norms.



AFTERNOON WORKSHOP

Session A

Yoga in the Park. Susan Mayers, Teacher with SCDSB and Yoga Ed Instructor. Come join Susan Mayers, a Ferndale Woods teacher and "Yoga Ed." instructor, for a self-nurturing, yogic session of stretches and breath work. Learn how to de-stress and become more self-aware in order to help yourself and your students. No experience required, please bring a yoga mat or large bath towel. A hand-out will be provided to assist teachers in implementing the revised Ontario Health and Physical Education Curriculum, 2010.

Session B

Imagine a World that is Free From Fear. The workshop is named after the ETFO resource upon which it is based. This equity-based curriculum focuses on the following themes: pride and self-respect, safe schools, and safe communities, anti-bullying and conflict resolution, and relationships.

Session C

Beyond the Breakfast Program - Part 2 - (Socio-Economic Issues In Our Schools). The workshop will explore the stigma of being poor, issues connected to family poverty, self-esteem and literacy problems and what steps teachers can do to make a difference in their classrooms.